



# Cranbrook Primary School

## Newsletter

Issue: 28  
8th May 2024

### Thought of the week

When you practice gratefulness, there is a sense of respect toward others." (Dalai Lama)

### Message from the Headteacher:

Dear Parents,  
Thank you for your support while we are reviewing our safety arrangements on school premises.

We appreciate that many of you will have to make adjustments to your drop off and collection routines and we appreciate your efforts to help us implement the best safety measures we can arrange to ensure smooth drop off and collection times for our children. Thank you!

Unfortunately we have had a few incidents where parents /carers have been rude to our staff members. Our staff work very hard to ensure the best school environment for our children and inappropriate behaviour will not be tolerated.

Please refer to the visitor code of conduct and support our school with respectful behaviour. We need to model the behaviour we want from our children.

**EYFS parents:** Please note the EYFS gate on the pavilion side will no longer be in use. We feel it is best to only have one entrance/exit for the safety of our children.

Please use the gate from the main car park to enter the EYFS area.

### VISITORS CODE OF CONDUCT- PERMISSION OF ENTRY:

#### PERMISSION TO ENTER AND BE ON SCHOOL PREMISES

Parents/Carers have "implied permission" to enter and be on the school's premises for reasons relating to their child / children's education. This means that parents are welcome come to the school to drop off and collect their children, subject to any restrictions that may apply to vehicle access to the site, to speak to teachers and other members of staff about their children (at appropriate times), or for meetings, parents' evenings and social events. Parents/Carers do not have a legal right to enter or be on the school's premises without a good reason.

#### WITHDRAWAL OF PERMISSION TO ENTER AND BE ON SCHOOL'S PREMISES.

The school has the right to withdraw the "implied permission" for a parent, carer or visitor to enter or be on the school's premises if their behaviour while they were previously on the school's premises is deemed unacceptable.

Once the "implied permission" has been withdrawn, the school will, if necessary, ask the police to remove the parent, carer or visitor if they appear on the school's premises.

### Key Dates

#### Term Dates for 2024

##### **Summer Term 2024:**

Monday 15<sup>th</sup> April – Tuesday 23<sup>rd</sup> July  
2024

##### **Half term break:**

Monday 27<sup>th</sup> May to Friday 31<sup>st</sup> May 2024

#### **Monday 22<sup>nd</sup> April 2024-Monday 17<sup>th</sup> June 2024**

Year 5 Red swimming lessons  
(every Monday morning)

#### **Year 6 SAT's week**

#### **Monday 13<sup>th</sup> May-Thursday 16<sup>th</sup> May 2024**

#### **Year 5B/5Y-Tuesday 21st May 2024**

**Trip to Maritime Museum**

#### **Year 5G/5R-Wednesday 22nd May**

**Trip to Maritime Museum**

#### **Thursday 23<sup>rd</sup> May 2024**

**Year 4 Freshwater Theatre Drama  
Workshop in school**

#### **Thursday 23<sup>rd</sup> May 2024**

**Year 3R/3Y- Horrible History Boat Tour**

#### **Friday 24th May 2024**

**Year 3G/3B-Horrible History Boat Tour**

#### **Inset Days 2024:**

3<sup>rd</sup> June 2024

**School will be closed on Inset days**



## Year 6 SATs Week - Monday 13th May - Thursday 16th May 2024

If your child is in Year 6, please ensure that he/she arrives in school on time each day, as the tests will begin promptly.

The period before the SATs begin can be a testing time for primary school children. As a parent/carer these tips might help prepare your child:



1. **Keep things positive and tell your child to just give their best effort.**
2. **Reduce stress levels over the weekend**
3. **Put the tests into perspective**
4. **Help them to revise or do practice papers**
5. **Talk about how they are feeling and reassure their concerns**
6. **Plan something fun for the weekend before the tests**

**Lost Property** If your child has lost an item of clothing in school, please take a look at the **Lost Property Tubs**, which are located in the school playground by the green sheds.



### **Year 6 SAT's Week**

**Monday 13<sup>th</sup> May –**

**Thursday 16<sup>th</sup> May 2024**

### **Online Safety:**

TikTok has become one of the most popular social media apps on the planet, with 1 billion monthly active users. Young people in particular love its short-form video focus, and it is now one of Generation Z's favourite tools of expression. Parent Zone and TikTok have worked together to create a series about safety for teens when using the platform.

Click the link for further information: <https://parentzone.org.uk/article/tiktok>

### **Reef Competition Winner for Outstanding fact file:**

Mason. H-5Y

Well done!



### **Wear It Green Day- Thursday 16<sup>th</sup> May Non-Uniform day -Mental Health Awareness Week (13-19 May)**

The children can wear something green on Thursday 16<sup>th</sup> May as we will be taking part in **Wear it Green Day** this **Mental Health Awareness week**. Let's turn the world green for good mental health!

Please send a minimum £1 donation on the day for non-uniform.

Thank you for your continued support.



### **Family Maths Challenge:**

Answer to last week's challenge: The score is always 0-0 before the game.

**Four houses next to each other have numbers which add up to 52. What are their numbers?**



### **Looking after your Mental Health**

Everyone can do three things for good mental wellbeing:

- **Exercise**
- **Eat well**
- **Get good sleep**



#### **Exercise and your mental health.**

As well as the physical benefits, exercise can help improve sleep quality, energy, and mental health.

Movement is also a powerful way to reduce the risk of developing mental illness and easing symptoms, such as depression, anxiety, Post-Traumatic Stress Disorder (PTSD), panic disorder, and Attention-Deficit/Hyperactivity Disorder (ADHD).

With many benefits, it's clear to see why exercise is great for boosting your mental health. In some cases, exercise is prescribed as a treatment for mental illness.

But remember, you don't have to run a marathon tomorrow – or at all! – focus on finding a way of moving your body that feels good.



## Attendance Winners

Well done to **Year 6 Red** for achieving **99.3%** attendance this week!

**Remember Good attendance= Good Progress**

Congratulations to **5 Green** on completing the 15 days attendance challenge for "Every day matters" and achieving 100% attendance.

### Email address to report an

**Absence:** Please report any absence for your child on the email address below:

**absence@cranbrookprimary.  
redbridge.sch.uk**

### Headteacher's Award:

**Ilaria. P, Aisha. R-  
5G**

**Gold Awards:** : Amirah. H, Bryan. G-2G, Amy. B, Aariz. A, Ibrahim. J-5G, Umaiza. A, Mason. H, Upkar. M-5Y, Jans. M, Ayra. A, Martin. M, Yusra. A, Maryam. B, Thea. T, Sadat. M, Marwa. N, Laila. S, Abdur Rahamn, Maaria. A, Romana. P, Arwa. K-6R, Khalid. P-6Y, Ahnaf. R-6B

**Reception Star of the Week for  
Writing:** Kareem. A, Harvish.  
N-RR, Sofia. P-RY, Shanzay. R-  
RG, Aron. A, Azlan. Q-RB

## Achievement Awards for :

### Star of the ARP:

**Matei. C**



Name	Class
Fatima. N	1R
Safwan. N	1Y
Ayman. A	1G
Yusuf. S	1B
Beno. C	2R
Dharvik. S	2Y
Asiya. A	2G
Safah A	2B
Yahya. M	3R
David. M	3Y
Aris. C	3G
Umayya. A	3B
Adam. S	4R
Rafay. A	4Y
Vyshna. P	4G
Joel. S	4B
Anaya. I	5R
Hassan. Aslam. J	5Y
Aalia. N	5G
Layla. M	5B
Maaria. A	6R
Halima. N	6Y
Syeda. Hania. B	6G
M. Ibrahim. M	6B



### Rights Respecting:

**Article 20:** Children without Families by Aadam Kashif

We have learnt that there are children who do not have a family of their own. This may be because of war, illness or many other reasons. The rights of a child state that any child without a family has the right to be looked after properly by people who will care for them and respect their culture, language and religion.

It is important that all parents, adults and children know the rights of a child. They should be followed always. They protect children from danger. By learning and following the rights of a child, we ensure we protect children and give them freedoms to express themselves.

**Well done everyone!**

### **Information for Year 5 Parents-11+ Exam**

The 11 plus exam for 2025 entrance will be held on **Friday 20 September 2024** – this is the second year we are testing on a weekday as last year was a success, children who sit the test will be given an authorised absence from the primary school.

Registration will open on **1 May and will close at 5pm on 15 June 2024** – this is a strict deadline. It is not possible to register before or after these dates. **The registration period is shorter this month, please ensure your parents are aware!**

Parents must register their child when they are in Year 5 during the above registration dates on the following link, children will sit this exam when they are in Year 6: [Redbridge - Redbridge 11 Plus](#)

### **Bikes/Scooters:**

Please ensure that your child does **not** ride their bike or scooter in the school playground before or after school.



### **Food Allergies:**

Please note, no food, cakes, sweets etc should be sent to school for any occasion due to food allergies.



### **Campwild-May Half Term 202:**

Please see the flyer attached for more information

### **May Holiday Camp-May Half term 2024:**

Please see the flyer attached for more information

### **Use of the School Field by Year 5 (Tues & Thurs) & Year 6 (Mon, Wed & Fri) at Lunchtimes**

Parents, please note, children in Years 5 and 6 will be using the field from next Wednesday. The children who bring a packed lunch will be allowed to go over to the field for the duration of lunchtime with supervision, so that we can make the most of the weather from next week. Any child on free school meals will be provided with a meal.



### **Who Inspires YOU!**

We would love you, our parents & carers, to share recommendations of individuals who inspire you or your children, especially from your own culture. Your diverse insights will contribute to a variety of inspirations within our school community. Please send them to:

**Admin.cranbrookprima  
ry@redbridge.gov.uk**



### **Celebrating Cultural Connections- Celebrating diversity across our school:**

#### **Yuichiro Miura**

Yuichiro Miura (Japan) made his way to the summit of the world's highest mountain to break a record that still stands 11 years on.

The skier is the oldest person to climb Everest (male). He was 80 years 223 days old when he scaled the mountain on 23 May 2013.

He was unable to make the descent himself and was helicoptered from Camp 2 to Kathmandu, with some famous alpinists suggesting his climb was incomplete because of this

It was actually the third time Yuichiro secured the record.

He first broke it in 2003 when he was 70 years 222 days old, but three years later, Takao Arayama (Japan) took it at age 70 years 225 days.